

**STATE ADVISORY COUNCIL
QUALITY CARE AT THE END-OF-LIFE**

Dr. Cynda Rushton, Chair

Dr. Rushton is an Assistant Professor of Nursing, Johns Hopkins University, and Clinical Nursing Specialist in Ethics and Program Director at Harriet Lane Compassionate Care Program at The Johns Hopkins Children's Center in Baltimore, MD. She has authored articles in a variety of journals, was the editor of the "Dialogues in Ethics and Law" column for Pediatric Nursing 1993-1996, is involved in research, and speaks internationally. In 1999, Dr. Rushton was selected from a national competition as a Kornfeld Fellow in end-of-life, ethics and palliative care. The fellowship, funded by the Emily Davie and Joseph S. Kornfeld Foundation, focused on pediatric palliative care. She is the principle investigator of a "Nursing Leadership Consortium on End of Life Care" and "A National Nursing Academy on End-of-Life Care" funded by the Open Society Institute through its Project on Death in America. Dr. Rushton has served as a consultant to a variety of national projects focusing on end-of-life care. As a member of the American Nurses Association, she served on the ANA Task Force on the nurse's role in end of life decisions.



Rabbi Elan Adler

Elan Adler is the Rabbi of Moses Montefiore Anshe Emunah Congregation in Baltimore, Maryland. Rabbi Adler previously served as Associate Rabbi of Beth Tfiloh in Baltimore, and Agudath Shalom in Stamford, CT. Born in Israel, a son of Hungarian Holocaust survivors, and educated in Providence, Rhode Island, Rabbi Adler received his rabbinic ordination from Yeshiva University. An active communal leader, Rabbi Adler is President of the Baltimore Board of Rabbis, is a member of the Vaad Harabbanim of Baltimore, serves on the Boards of Jewish Family Services and P'Tach, is on the Advisory Committee of the Baltimore Zionist District and Jewish Family Services Hospice. He also serves on the Rabbinic Advisory Committee of the Shoshana S. Cardin Community High School, and is a founder of the Modern Orthodox Forum in Baltimore. He formerly served on the Board of the Jewish Community Center for four years. Rabbi Adler received the Rabbinical Award of the United Jewish Communities in November, 2002. He is a popular lecturer and speaker, and is well-known for his gentle teaching, humor, and positive outlook. Rabbi Adler is married to Dr. Rivkah Lambert Adler, and is the father Ariella and Shoshana.



Ms. Lennita Anderson-Selvey

Ms. Anderson-Selvey's interest in end of life care issues is centered on the assurance that each individual has the equal opportunity to be provided with reliable, reasonable options. She has worked with oncology patients who have not been offered the multiple options of different types of palliative care. She hopes that this Council will help devise a way to inform these patients on the expert services that will address their pain control issues outside of the hospital setting.



Ms. Carol Benner

Ms. Benner is the Director of the Office of Health Care Quality, within the Department of Health and Mental Hygiene. As Director, Ms. Benner is responsible for managing federal and State regulatory activities in Maryland's 8000 health care and community residential programs including nursing homes, hospitals, HMOs, and group homes. Ms. Benner has held this post since 1989; prior to this, she worked at the University of Maryland Medical System as the Director of the Clinical STAT Laboratory at the Shock Trauma Center and as Director of Quality Assurance and Professional Affairs at the University of Maryland Hospital.



Ms. Ruth Eger

Ms. Eger is both a nurse and a social worker and has been working in the

area of end of life care since 1967. She has been on the faculty at times during these years at The Catholic University of America and University of Maryland School of Social Work, teaching graduate students in the area of death and dying and has done workshops concerning end of life care across the mainland United States, Hawaii, New Zealand and Europe. Ms. Eger has been the Executive Director at The Joseph Richey Hospice for the past ten years. It is about to launch a long planned pediatric in-patient unit called Dr. Bob's Place and a home care pilot program for terminal children and their families in the Baltimore area.



Ms. Muriel Elizabeth Foos.

In her role as the Chief Executive Officer of one of the earliest hospice programs in Maryland from 1983 - 2001, Ms. Foos became very involved in the public policy issues of hospice care, licensure, reimbursement from Medicare and Medicaid, advanced directives, and all end of life care initiatives. She has served the Hospice Network of Maryland in various capacities since 1983 from president to chairing its public policy and education committees.



Dr. Richard M. Fornadel

Dr. Fornadel is a pediatrician by training, and in more than 12 years of

practice has had patients involved in hospice care on several occasions. He is now a medical director for a health plan and deals with end of life issues from a coverage, access, and availability standpoint.



Ms. Marguerite Patricia Gilner

Ms. Gilner's career experiences have spanned the spectrum from that of teacher

-to guidance counselor -to psychotherapist -to project director of clinical research studies - to hospice chaplain and coordinator for the Advanced Illness Palliative Care HOPE program at St. Agnes HealthCare. The common thread in her career endeavors has been that of educator and therapist with the intent of enhancing a person's *quality of life*, especially at the end-of-life. She is currently pursuing a Graduate Certificate in End of Life Care at the George Washington University. As a survivor of two life-threatening illnesses - endocarditis and advanced stage ovarian cancer, Ms. Gilner faced end-of-life issues with little input from her doctors. Although she received excellence medical care, honest medical communication was lacking. She believes she owes a debt to those suffering, to relieve unnecessary suffering and confusion during their final phase of living



Ms. Karen Kauffman

As a Geriatric Nurse Practitioner, Ms. Kauffman has helped many clients and families work through end of life issues. Her interest in the Council is to explore ways to formalize options to address quality of care at the end of life for older adults with Alzheimer's disease or related dementias.



Dr. Timothy Keay

Dr. Keay has been teaching medical ethics, geriatrics, family practice, and end of life care at the University of Maryland for 14 years. He is a Faculty Scholar of the Project on Death in America and Chair of the American Medical Directors Association's hospice subcommittee, among other positions related to end of life care. Dr. Keay also serves on the editorial boards of The Journal of Palliative Medicine, Family Medicine, and the Journal of American Medical Directors Association.



Dr. Steven Levenson

Dr. Levenson's interest in bioethical issues dates back to his medical school days in the 1970s. Over 20 years ago, he established one of the first active nursing home ethics committees in the United States, and published one of the first articles on ethics decision making processes in long-term care facilities. Dr. Levenson has also helped to draft and promote

key ethics legislation in Maryland, including Patient Care Advisory Committee legislation and the Maryland Health Care Decisions Act. As a medical director, he has been concerned about implementation issues. Over the years, Dr. Levenson has published about how to employ effective systems and processes to improve the management of ethical issues, including end-of-life care.



Reverend John Daniel Mindling

Dr. Mindling is a Roman Catholic priest with a doctorate in moral theology. Since 1988, he has been professor of medical ethics at Mount St. Mary's Seminary in Emmitsburg and has done workshops in a number of states on end of life ethics. Since 1989, he has served on the ethics committee of a Catholic Hospital in Harrisburg, PA.



Ms . Catherine E. Stavely

Ms. Stavely is an attorney with a practice focused on Elder Law issues. Her clients and their families and friends are involved in end of life planning and decision-making on a regular basis, and she gives guidance in this area to them. Ms. Stavely has been involved in litigation dealing with the withdrawal of medical care and the tension between a written advanced directive and an agent's authority under a medical power of attorney. Currently, she serves on the Maryland

State Bar Association Elder Law Section Council and the Annapolis Commission on Aging. On her personal time, she has been involved in fund-raising efforts for hospice education and care for over 10 years. Ms. Stavely is also a seven year cancer survivor.



Mr. Jack Schwartz

Mr. Schwartz is an Assistant Attorney General and Director of Health Policy Development in the Maryland Attorney General's Office. He is an adjunct professor at the University of Maryland School of Law and has been a guest lecturer at the Johns Hopkins University School of Public Health, the Kennedy Institute of Ethics at Georgetown University, and the University of Virginia. Mr. Schwartz was a senior consultant to the National Bioethics Advisory Commission and has served on a national advisory committee for the Robert Wood Johnson Foundation. He is currently a member of an institutional review board at the National Cancer Institute and the advisory board of the Maryland Healthcare Ethics Committee Network. He has written and lectured extensively on legal, policy, and ethical issues in health care, especially concerning end-of-life decision making, advance care planning, pain management, and biomedical research.



Delegate Barbara Frush

Delegate Frush has been a Member of the House of Delegates since 1995 and sponsored the legislation that established this Council. As a long time advocate for quality care at the end of life, she sits on a number of state advisory boards, commissions, and task forces, including the Commission on Aging.

**Senator Paula Hollinger**

Senator Hollinger has been a Member of the Maryland Senate since 1987. She is currently Chair of the Education, Health and Environmental Affairs Committee. Applying her background in nursing to public policy, Sen. Hollinger has long been acknowledged as a leader on health issues. Among other major legislative initiatives, she sponsored the nation's first law requiring ethics committees at hospitals, later amended to include nursing homes. She has been a key figure in the enactment of Maryland's laws on advance directives. She has received the Murray Guggenheim Award for Excellence in Nursing, has been named among Maryland's Top 100 Women by the Daily Record, and was named Public Policy Advocate of the Year by the Alzheimer's Association in 1999.

**Dr. Carol Baker**

Dr. Baker is the Deputy Secretary for the Department of Aging. Dr. Baker was the director of the Anne Arundel County Department of Aging from 1989-1999. Since that time, she has been Director of Services for Adults for the Mecklenburg County Department of Social Services in Charlotte, North Carolina, where she has been responsible for the operation of programs that address the needs of older adults and individuals with disabilities. Dr. Baker holds a Ph.D. in Human Development/Gerontology from the University of Maryland at College Park and a B.A. and M.A. in Clinical Psychology from Salisbury University. Among many career awards, Dr. Baker recently received the Geriatric Best Practices Award – Duke Foundation/South Carolina Hospital Association.

**Secretary Jean Roesser**

Prior to her appointment to the Department of Aging, Secretary Roesser served four terms in the Maryland General Assembly as Delegate and then Senator for the Potomac and Upper Montgomery region. As a leader on ethics and consumer issues, she most notably is known for successfully tightening the rules governing the relationships between lobbyists and members of the General Assembly. Secretary Roesser has been recognized by the Maryland Chamber of Commerce, the Sierra

Club of Maryland, the Montgomery County Medical Society, the Chinese American Medical Associates. Additionally, she was named Legislator of the Year in 2001 by the Maryland States Attorneys Association.

